

“HEY DOC, CAN YOU KEEP

A SECRET

?

Your embarrassing health questions, answered



BY DANA SULLIVAN

bothersome bladder problems, alarming odors, hair growing in all the wrong places. We all have issues that we're too embarrassed to bring up with anyone—including our doctors. But rest assured, your doc has heard it all before. "It's our job to help you, not judge you," says Laura Dean, MD, a spokeswoman for the American College of Obstetricians and Gynecologists who practices in Stillwater, Minnesota. Still, inquiring about a delicate health problem can be uncomfortable. That's why we decided to start the conversation for you by asking experts to address six common blush-worthy complaints. PLEASE TURN TO 136

